

Judy Coates Perez

Requirements List

- One piece of lightweight linen in the colour of your choice that's 2 meters long by approximately 40 - 46 cm wide for a scarf or shawl, or use a smaller piece of linen to make a pillow or wall hanging if you prefer.
- and a second smaller piece of linen, no larger than 30 cm to practice new stitches.
- A large assortment of 6 strand embroidery floss. I have bought inexpensive packages of 300-447 colours on Amazon (brand: Caydo, if they don't have them in AU on Amazon order them from the US on Amazon).
- A chalk pencil for marking fabric in a contrasting color to the linen.
- A sashiko or chenille hand sewing/embroidery needle with a large eye that can be easily threaded with all 6 strands of embroidery floss.
- scissors, pencil and sketch paper

Before the workshop:

Cut the linen to the desired size before washing. Unwashed linen makes it easier to cut straight on the grain, washed linen softens up and shifts easily on the cutting mat, making it harder to cut straight. After machine washing the linen, pull or cut away the tangled threads on the edges, then toss the linen in the dryer. This will help soften and shrink the linen, and fringe the edges. I find after tumbling in the drier the fibers in the fringe bind together enough that the linen does not unravel on the edges.